

The Local Council of Women



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President's Message

I am beginning my first year as the Local Council of Women's President. I want to thank you for entrusting me with an organization that has such a rich history for women, healthcare, and leadership. One of those greats, our own Flo Davis, has been honored with Bloomington's 2016 Lifetime Contribution Award as a woman leader, and for getting stuff done! In regards to getting stuff done, LCW will be now be seen when you first enter Bloomington as one of the organizations whose logos surround the "Welcome to Bloomington sign"—see below for a photo. Thank you Past President Vanessa McClary for making this happen and for the service you provide so selflessly.

A list of our planned membership meetings can be found on page 7. We want you to attend, we want there to be

change, and we need you, our village, to jump on board, be present, and collaborate. We look forward to you leaning in and raising your hand. Most immediately, we have two open Board positions to fill, so if you are interested, please reach out and get in touch with me.

This year LCW is including education that is timely, pertinent, and healthcare-related in each of our membership meetings; the public is welcome to attend the education part, after the beginning lunch. Being part of LCW matters, your membership and contributions matter. We were able to provide scholarships this year to several individuals to kick-start or continue their healthcare careers in the region. We are looking at other ways to make your contributions more meaningful to our region and need your help... so stay tuned!

As I close this newsletter, I want to express gratitude for all of those individuals caring for a loved one, no matter the age, no matter the disease. For those women who hold each other up versus dragging them down. For those who mentor, connect, and support. We don't grow on our own, and we hope you will join LCW in volunteering, connecting, supporting, and mentoring.

In Gratitude,
Jean W. Scallon

Jean Willey Scallon,
President



Sign installation welcoming drivers coming from the north on Old Highway 37 to Bloomington. The LCW logo is represented on the uppermost left circular sign. Vanessa McClary organized its placement among the other welcoming signs.

November 2015 Annual Meeting and Scholarships Presentation

LCW's Annual Meeting was called to order at Ivy Tech Community College-Bloomington on November 10, 2015 by President Vanessa McClary, who thanked Tina Phelps, Assistant to the Chancellor of Ivy Tech, for making the bulk of the arrangements for the meeting. Jennie Vaughan, Chancellor of Ivy Tech Bloomington and a Local Council of Women board member, welcomed the group and talked briefly about Ivy Tech and a recent expansion of its facilities and programs. Vanessa then introduced the current LCW members, as well as Jeb Conrad, CEO of the Greater Bloomington Chamber of Commerce.

Treasurer Anita Douglas reported a current balance of \$17,773.47, much of which is held in a Vanguard account.

Recounting highlights of the past year, Vanessa noted especially LCW's series of educational programs that focused on "Sex, Drugs, and Suicide" among this area's youth. All the programs were recorded and are available through Community Access Television Services (CATS). A copy of the Drugs program was given to area schools. Joyce Poling, president of the IU Health Bloomington Hospital board of directors and a longtime LCW member, spoke briefly about the importance of these programs, especially considering the persistent problems with drug usage in the area. She also commended LCW on its excellent appointments to the hospital board.

This year, in partnership with the Bloomington Hospital Foundation, LCW was able to offer six scholarships to students in the counties served by IUH Bloomington Hospital who are pursuing careers in healthcare. LCW Scholarship chair Flo Davis and Treasurer Anita Douglas presented the LCW-funded Cecilia Wahl Scholarship of \$2,000 to Anna Brookwiser, who is studying frontier nursing and midwifery. Anita is currently working at IU

Health Paoli Hospital. Foundation-funded scholarships in the amount of \$1,250 each were presented to Amanda Butcher, whose goal is to become a Nurse Practitioner at IU Health Bloomington Hospital; Kelsey Dunham, a BSN student from Indiana University with plans to be a nurse in Lawrence or Monroe County; Sara Sparks, who is with Centerstone and is pursuing advanced education in social work; Sara Spencer, who is working on a degree in speech pathology; and, in absentia, Katie Combs, who was on duty at Bloomington Hospital and who also plans to become a speech pathologist.

The remaining official business was given unanimous approval: Jennie Vaughan was elected to replace Ann Wrenn as an LCW representative on the IU Health Bloomington Hospital Board; and Roberta Kelzer and Maria McKinley were elected to replace Flo Davis and Jennie respectively on the LCW Board of Directors. Changes were made to the Bylaws by adding a third item to Article 2, Section 2.2.(a) "...primary goals..." to include "3. Provide public community-wide educational meetings or forums addressing current health-related needs"; and also adding a third item to Article 2, Section 2.2.(b) "...remaining goals..." to include "3. Provide scholarships for students admitted to a healthcare-related program and residing in the service area of IU Health Bloomington Hospital." In Article 7, Section 7.4. "Notice of Meetings," the requirement that "A written or electronic notice" be sent "at least thirty (30) days prior to a meeting" was changed to "at least fourteen (14) days prior to a meeting."

Mark Moore, CEO of IU Health Bloomington Hospital (IUHBH) then gave an update on plans for the new hospital complex and other factors of importance affecting the local healthcare scene. He pointed out that many studies have determined that Indiana is not a healthy



state, and as such our healthcare needs are going to increase for some time to come. In light of Indiana's situation, he commented on the appropriateness of LCW's mission statement, "...to be a voice for community health, and to collaborate and advocate for solutions to accessibility and delivery of healthcare." As an example of the work to be done, Moore cited the crisis in Scott County involving HIV and drugs, noting that staff members in the IUHBH's Positive Links program had spent over 2,300 hours bringing their expertise to the afflicted area. They found a great need there for all persons to have a medical home, with insurance coverage and a primary care physician.

In the region served by IUHBH, residents currently have access to 240 providers in the hospital's Southern Indiana Physicians (SIP) organization, including six new physicians who specialize in women's health, hand surgery, and other areas. The ambulance service has added a vehicle and additional crews, and runs have increased 60-70 percent in the last few years. Preliminary work on the new regional health campus is continuing:

2016 will be devoted to visioning and planning with staff and architects to create a patient-centered facility with state-of-the-art working conditions and equipment. Moore predicted that it will be an outstanding hospital for a community of this size. In response to a question, Moore replied that the new hospital complex would not include a branch of the dental school but that some student interns might come from Indianapolis to help with dental clinics in the community.

Vanessa once again thanked Ivy Tech for its hospitality and for the beautiful table of food choices and beverages that had been prepared by students. At the adjournment of the meeting, Jenny Vaughan invited attendees to tour either the impressive new expansion of the main facility or the well-equipped nursing facility across the road that opened a year ago.

[Ed. note: Thanks are due to Nancy Lumbley, who acted as recording secretary for the Annual Meeting and whose minutes were drawn upon liberally for this report.]

LCW's Third 2015 Quarterly Meeting Held at IU Health Children's Therapy Center

LCW's third 2015 quarterly meeting was hosted last September by the IU Health Children's Therapy Center at 4935 W. Arlington Road (just north of four-lane Highway 46, where the old highway meets the new one on the east edge of Ellettsville). Heather Birk, manager of the Center's Rehabilitation Services and a speech pathologist, and Audra Miller, a social worker specializing in neurology, explained that since the Center opened in the summer of 2011, it has become the region's largest and most comprehensive rehabilitation facility dedicated to improving the lives of children and adolescents who have a wide range of special needs. Intervention is based on an interdisciplinary model using a team approach to meet a child's needs. The Center provides advanced and comprehensive pediatric rehabilitation services, including physical, occupational, and speech-language therapy, as well as social services for special-needs children from birth to age 21.

In addition, the Center offers specialized services that include developmental screenings; loans to children and families of adaptive equipment (bicycles, therapy balls, positioning equipment, augmentative/alternative communication devices, etc.); financial and transportation assistance; therapeutic group activities for improving social skills, language development, handwriting, and sensory processing; a developmental clinic for babies discharged from IUH Bloomington Hospital's Neonatal Intensive Care Unit (NICU) or who receive a physician referral; and a certified lactation counselor for mothers who have infants with special needs. The staff routinely consults with local and regional physicians to coordinate high-quality care. As well, clinicians consult with educational facilities to ensure a continuum of care.

The Center has several specialized areas, including a newborn waiting area for babies younger than three months who have not yet received any vaccinations, and a library stocked with resources for parents. There is a kitchen with



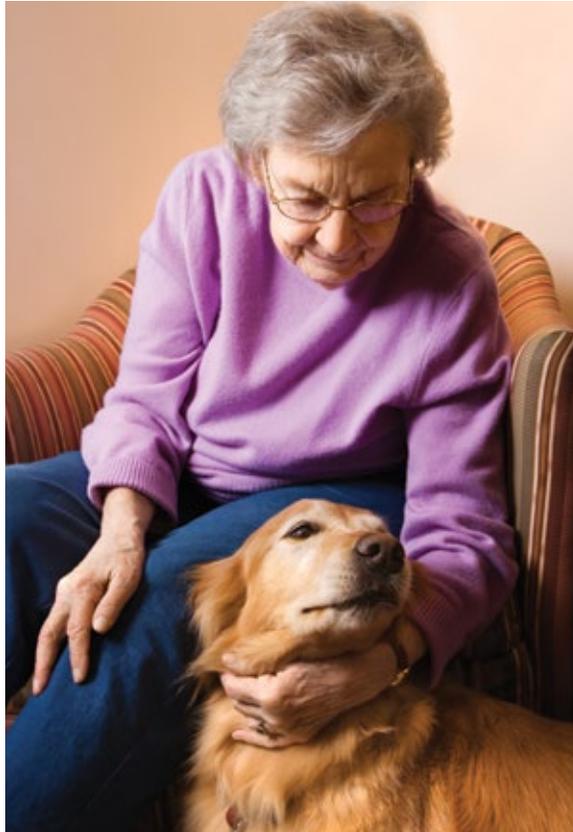
a dining area where children are introduced to new foods and activities such as cooking, cleaning up, and loading the dishwasher. Outdoor and indoor therapy areas offer playgrounds and equipment; one room has a fanciful large tree house, equipped with stairs, a little sofa and table, and a zip line, offering many play and learning opportunities. Almost all the special equipment in the building was funded by the Bloomington Hospital Foundation.

The IUH Children's Therapy Center is the only such facility in Indiana that has been certified by the International Commission on Accreditation of Rehabilitation Facilities (CARF). Our area is fortunate to have it available here.

More information about the Center is available at http://iuhealth.org/images/blo-doc-upl/Welcome_packet_documents.pdf

Riley Hospital for Children Safety Store Now Offering Items for Adults, Too

Before their December 7, 2015 meeting, members of the LCW Board of Directors visited the Riley Hospital for Children Safety Store in Bloomington, located at 651 S. Clarizz Boulevard beside the IU Health Southern Indiana Physicians Pediatrics offices. Cara Wickens, Community Health Educator for IU Health Bloomington, gave an introduction to the compact store and what it offers, explaining that its mission with regard to children is to help all families prevent child injuries in the home and car by making comprehensive and inclusive education and safety products convenient, accessible, and affordable. Since its January 2012 opening in Bloomington, the store has been a one-stop shop where products that meet the safety needs of children can be purchased at low cost.



tap lights, grabbers, bath grips, utensil handle covers, enlarged key turners, and enlarged lamp switch turners.

The store is open to anyone who would like to purchase items there. Prices for all the items are very low compared to those in commercial outlets, and a health educator is available to instruct patrons on installing, using, and maintaining all of the products correctly and safely.

Cara noted, in addition, that IU Health Bloomington offers families free Car Seat Safety Checks by a certified child safety seat technician in Monroe or Orange County. Inspections are done by appointment only and take about 30-45 minutes. The

Bicycle safety helmets are available in all sizes, from one suitable for a one-to-two-year old child to an extra-large adult size. Other items address children's fire, bath, sleep, electrical, and home safety. They include a fire escape ladder, bath duck thermometer, secure top bed rails, sleep sacks, lighted door knobs, outlet covers, gates, various locks and latches, corner cushions, and many more. Newborn gift baskets and breastfeeding supplies are also available.

Recently the store began selling older adult home safety and fall prevention items, as well. According to the Centers for Disease Control and Prevention (CDC), one out of five falls results in serious consequences, such as broken bones or a head injury. While not all adult items in the Safety Store are geared toward fall prevention, they are all intended to make daily activities easier and safer. Items for adults include rug pads/tacks, cord covers, motion-sensing nightlights,

car seat instruction manual and the vehicle manual should be brought to the appointment, and the child must be present for the installation and/or safety check of the seat. Times and dates for appointments vary depending on the availability of a technician. Call 812-353-5252 for more information or to schedule an appointment. (If no one answers, please leave a voice mail message, including your name and phone number(s), and allow up to one week for your call to be returned.) Indiana law requires children to use a safety restraint such as a car seat or booster until age 8, but four out of five children's car seats are installed or used improperly, so a Car Seat Safety Check is a great opportunity to get it right.

LCW Board members came away impressed by the Safety Store. It is currently open on Mondays and Wednesdays from 12 to 6 p.m. For more information, Cara Wickens can be contacted at 812-353-KIDS (5437).

A Tribute to Flo Davis and Ann Wrenn

Over the years, the Local Council of Women has benefitted tremendously from the efforts and time commitment of its members, as has the entire healthcare community in our area. LCW is honored to pay tribute to two long-standing members, Flo Davis and Ann Wrenn, both of whom have recently completed nine consecutive years of service to our organization, Flo on the LCW Board of Directors and Ann as a representative of LCW on the IU Health Bloomington Hospital Board of Directors.

During Flo's tenure on the LCW board she also served as its representative to the Bloomington Hospital Foundation Board and, for the last five years, as chair of the LCW Scholarship Committee. Before the hospital's merger with Clarian, now IU Health, she served on the Bloomington Hospital Board of Directors. For many years Flo practiced as a Nurse Practitioner with Dr. James Ray, and taught nursing at Ivy Tech as well. She also served or is serving on several local boards, including the Utilities Service Board and the Board of Monroe County United Ministries.

In recognition of her long record of service to the community, the Bloomington Commission on the Status of Women recently named Flo the 2016 recipient of its Lifetime Contribution Award.

During Ann Wrenn's membership on the IU Health Bloomington Hospital Board of Directors, she also served on several committees within the hospital. LCW is grateful for her active representation of our organization. As well, Ann is a past president not only of the Local Council of Women but also of the League of Women Voters of Bloomington-Monroe County. She was or is a member of other community boards, including those of Volunteers in Medicine and the Bloomington Rotary Club.

A big thank you from LCW and the community to these two women for the many contributions they have made in the past. We do not think they are finished giving yet!

Nancy Lumbley, LCW Board member and Past President

Thank You!

Thank you for paying your 2016 LCW membership dues and continuously supporting our mission! Your support of the Local Council of Women has provided scholarships for several students entering the healthcare field. Thank you!

If you still need to pay your 2016 dues, please email lcwbloomington@gmail.com or call 812-325-7464 for a membership application.

Victoria McClary, Membership Chair

Bonnie Anderson
Basia Andraka-Christou
Larry Bailey
Jon Barada
Rick Barton
Mary Bent
Bloomington Hardware
Bloomington Meadows Hospital
Nancy Boerner
Scott Branam
Katharine Byers
Ruth Chesmore
Conversation Club
Michelle Crowe
Flo Davis
Cheri DeBruicker
Teri DeMatas
Anita Douglas

Patricia Downey
Liz Feitl
Michael Gentile
Susan Gray
George Hegeman
Sally Hegeman
Jennifer Hubbard
Christina Johns
Kappa Kappa Sigma
Roberta Kelzer
Joseph King
Kiwanis Club of South Central IND
Kate Kroll
Debbie Lemon
Barry Lessow
Nancy Lumbley
P.A. Mack
Vanessa McClary

Victoria McClary
Dr. Lee McKinley
Maria McKinley
Nona Melton
Gerry Miller
John Miller
Lauren Mnayarji
Mark Moore
Dennis Murphy
Glenda Murray
James Myers
Rita Myers
Joan Olcott
Trish Oman
Sharon Ormstedt
Patricia Pizzo
Joyce Poling

Mary Ratliff
Michele Ridge
Eleanor Rogers
Jean Scallon
Cheryl Sciscoe
Marian Shaaban
Kosali Simon
Lori Stapleton
Leila Strickholm
Pam Thompson
Jennie Vaughan
Susan Wier
Linda Williamson
Ann Wrenn
Dr. Robert Wrenn
Sonya Zeller

A New Member of the LCW Board of Directors

The LCW Board of Directors has seen some changes recently. Roberta Kelzer resigned, and Pam Thompson was appointed as her replacement. Pam is Dean of the School of Nursing at Ivy Tech Community College in Bloomington. She has been a Nurse Educator for 34 years, with the past 30 having been spent at Ivy Tech. She is a member of the National League for Nursing. Pam earned her Bachelor of Science in Nursing at Morningside College in Sioux City, Iowa in 1978 and her Master of Science in Nursing at the University of Southern Indiana in 2005. She has been active in the PTO of the Richland Bean Blossom School Corporation, and in Ellettsville's Tri Kappa, an Indiana philanthropic organization that promotes charity, culture, and education. Welcome to the Board, Pam!



*From left to right: Victoria McClary,
Jean Scallon, President,
Nancy Lumbley,
Maria McKinley, Vice-President,
Ben Niehoff, Treasurer,
Vanessa McClary, Pam Thompson.
Not pictured is Sally Hegeman, Treasurer.*

LCW Board Members

Jean Scallon
President

Jean.Scallon@uhsinc.com

Benjamin Niehoff
Vice-President

ben@slotegraaflegal.com

Maria McKinley
Secretary

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Sally Hegeman
Treasurer

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Nancy Lumbley

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Vanessa McClary

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Victoria McClary

victoria.circlek@gmail.com

Pam Thompson

pthompso@ivytech.edu

Save the Date!

March 30: 11:30-1:00: Quarterly Meeting, Holiday Inn, 1710 N. Kinser. Program on Alzheimers Education and IUH Strategic Update. RSVP to Jean.Scallon@uhsinc.com for a (no-cost) lunch.

June 23: 11:30-1:00: Quarterly Meeting, Holiday Inn on Kinser. Education on Cancer. RSVP to Jean for lunch.

September 20: 11:30-1:00: Quarterly Meeting, Holiday Inn, 1710 N. Kinser. Information on New Focus of LCW. RSVP to Jean for lunch.

November: date TBD: Annual Meeting/Scholarship Presentations.

The **Local Council of Women**

PO Box 1149
Bloomington, IN 47402

The **Local Council of Women** **NEWSLETTER**

Spring 2016 Issue

Inside:

**Learn about the
Children's Therapy
Center and the Riley
Hospital for Children
Safety Store (also for
adults) in Bloomington.**

