

# The Local Council of Women



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## President's Message

The budding of the spring shrubs and the greening trees tell us that winter is finally over. And before you know it, we will be complaining about the heat! But time marches on, and so do our activities in this busy community. We are fortunate to live in such a place. I am reminded of that when I visit other localities and realize that they may not have all that we do in the way of health care and facilities to assist those among us needing help.

LCW has several activities coming up that you need to mark on your calendars. Our second Quarterly

Meeting will take place June 18, a brownbag luncheon from 11:30 a.m. to 1 p.m. at St. Mark's Church on the Bypass. See the details given in our SAVE THE DATE section. Also, on June 24 from 7:30–9 p.m., we will have our third END OF LIFE CONCERNS session. It will be held in Wegmiller Auditorium and will address "How to Begin the Conversation?" So far, we have had several people who have attended both of the first two sessions and we are delighted. The series is set up to be of benefit whether you attend one or all four. The fourth session will be September 23 at Wegmiller Auditorium.

At the March quarterly meeting, those in attendance indicated a preference for an Annual Meeting other than in December, so we will be having the Annual Meeting on September 18. Please read the particulars about that elsewhere in this newsletter.

Our meetings are open to anyone who wants to learn about health care issues, so invite your friends to come with you. Hopefully, they will decide to join LCW! If you are interested in serving on a committee or the board, please let me know.

*Nancy Lumbley, President*

## First-Quarter Membership Meeting



The first-quarter membership meeting was held from 11:30 a.m. to 1 p.m. on March 27, at St. Mark's United Methodist Church. It was a brownbag luncheon, with LCW furnishing coffee, iced tea, and some homemade cookies for dessert.

The attendance for this first meeting was small but very involved in the presentations and discussions. Lindsay Williams, Director of the IUH Bloomington Hospital Trauma Center Project, offered much good information concerning



## First-Quarter Membership Meeting continued...

the need for a Level III Trauma Center at the hospital. The Bloomington Hospital Foundation has launched a campaign to achieve this goal (see the related article in this newsletter). Nancy Woolery, a trained Navigator for the Affordable Healthcare Act enrollment, also shared with us some of the highlights of this important health initiative (see a related article concerning the ACA in this newsletter).

# LCW accepting applications for the CECILIA WAHL health care scholarship — please spread the word!

In an effort to conserve its resources for future scholarships, this year LCW will award only the \$1000 Cecelia Wahl Scholarship to a student pursuing a career in health care. Applicants must live in one of the counties served by IU Health Bloomington Hospital — Brown, Daviess, Greene, Jackson, Lawrence, Martin, Monroe, Morgan, Orange, Owen, and Washington — and must already have been accepted into an accredited program of study in a medical field. Previous scholarship winners have been in areas such as radiation therapy, paramedic work, nursing, and respiratory care.

Required of applicants are a statement of their goals for the future, documentation of acceptance into their chosen program, and a copy of their grades (this need not be an official copy, because of the cost of obtaining that document). These items must be accompanied by the

applicant's mailing address, telephone number, and e-mail address. Only applications that include all the required elements will be considered.

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**Completed applications should be mailed by  
August 31, 2014, to LCW Scholarships,  
P.O. Box 6171, Bloomington, IN 47407.  
Questions can be addressed to Flo Davis  
at 332-8788 or [davisflob@aol.com](mailto:davisflob@aol.com).**

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The LCW Scholarship Committee will select the winner in early September and will present the Cecelia Wahl Scholarship at the LCW Annual Meeting, to be held this year on September 18.

Please pass on this information to anyone you think might be interested!



*Jim Whittlach is speaker at.....*

# End of Life Concerns: Who Speaks for Me?

Submitted by Nancy Lumbley, LCW President

The evening of April 3, with our “End of Life Concerns: Who Speaks for Me?” program, was accompanied by threatening weather once again, a reality we had to deal with all winter! The presentation by Jim Whittlach was outstanding as he informed the attendees of the various health directives available to all of us as health care consumers. Many good questions came from those in attendance.

With the partnership and support of the Bloomington Hospital Foundation the session was held at the Holiday Inn. The facility provided an excellent venue for such a program, but unfortunately the weather outlook proved to be a factor that held down the anticipated attendance. Those present enjoyed light refreshments during the program, compliments of the Foundation. The remaining food was taken to the homeless shelter at Martha’s House. Victoria McClary, LCW Board member, delivered the food and reported many smiling faces as a result of the unexpected treat.

LCW appreciates not only the partnership of the Bloomington Hospital Foundation, but also the partnership of IU Health Bloomington Hospital and its media, marketing, and advertising departments. Most of our attendees reported learning about the program through the newspaper ads. The program was recorded and will be available for the public sometime in the future.

The next program in the series is scheduled for June 24 at Wegmiller Auditorium (IU Health Bloomington Hospital) at 7:30 p.m. The focus of the program will be “How to Begin the Conversation?”

# EMERGENCY



## Establishing a Verified Level III Trauma Center for Monroe County

As Lindsay Williams, Director of the IUH Bloomington Hospital Trauma Center Project, explained at LCW's first-quarter membership meeting, trauma is the number one cause of death in persons under the age of 45. Mortality can be reduced up to 25 percent when severely injured patients are treated at a Verified Trauma Center. Many people who live in south central Indiana do not have rapid access to this kind of care. The average travel time to such a facility for Monroe County residents is 68 minutes, almost double the state average travel time of 36 minutes. Due to the extent of their injuries and the current limitations of local trauma care, in 2012 one in every 11 trauma patients had to be transferred from IU Health Bloomington Hospital.

Recognizing the local need for improved trauma care, the Bloomington Hospital Foundation has embarked on a campaign to establish a Level III Verified Trauma Center at IU Health Bloomington Hospital. The Trauma Center would offer 24-hour immediate coverage by emergency medicine physicians, as well as the prompt availability

of general surgeons and anesthesiologists, and it would provide transfer arrangements to a Level I or II Trauma Center for patients requiring even more comprehensive care. It would also make available continued education for its nursing and allied health personnel, have an active outreach program for its referring communities, and incorporate a comprehensive quality assessment program.

The Foundation aims to raise \$320,000 for the equipment and resources needed to provide Level III trauma care in Bloomington. These include the conversion of trauma bays, level one rapid infusers, a portable X-ray with viewing screen, bedside ultrasound, a bladder scanner, an imaging stretcher, and a CritiCore patient monitoring system.

The availability of a Level III Verified Trauma Center at IUH Bloomington Hospital will be a major benefit, not only for Bloomington but for numerous communities in south central Indiana.

# Affordable Care Act Update

*Submitted by Nancy Woolery, Health Projects Manager, City of Bloomington Community and Family Resources Department*

The Affordable Care Act Committee of Monroe County was formed in June 2013. It consists of local stakeholders who meet monthly to keep updated regarding changes to the Affordable Care Act (ACA), and to brainstorm strategies on how to educate the community about this new health care law. I am a certified Indiana Navigator, and I have certified 10 volunteers to become Navigators as well. Only certified Navigators may enroll individuals and families into the Indiana Health Insurance Marketplace. Another group, the Affordable Care Act Volunteers of Monroe County (ACAVMC), was formed by David Meyer, a volunteer on the Affordable Care Act Committee. The Affordable Care Act Volunteers of Monroe County have provided health insurance fairs and forums to educate the community about the ACA and to discuss with people one-on-one their options for affordable health care, but they are not certified to enroll people into insurance plans.

The ACA committee will continue to meet monthly to determine how our efforts can improve, in order to reach more people in the community who may be eligible for either the Health Insurance Marketplace or government health programs. We need to reach the target population who may be eligible for these programs and health insurance plans but may not know about them. The next open enrollment period begins in November, so our marketing strategies will continue throughout the summer and fall.

IU Health and the City of Bloomington are major partners in ACA outreach, education, and enrollment, and both organizations have certified Navigators to assist people seeking health insurance coverage. If anyone is interested in becoming an Affordable Care Act Volunteer or a certified Navigator, or just wants to help get the word out in the community, please contact Nancy Woolery at [wooleryn@bloomington.in.gov](mailto:wooleryn@bloomington.in.gov) or 812.349.3851.



**From October, 2013, through March 31, 2014, Navigators helped 3,084 people apply for health insurance or benefits. However, estimates place the number of uninsured persons in the greater Bloomington area at around 15,000, so much help is still needed.**



# Annual Meeting Date Changed to September

At the first quarterly meeting of the year, LCW members suggested that September would be a better time for holding the organization's annual meeting than the very busy month of December. Hence, this year's annual meeting will be held on September 18, from 11:30 a.m. to 1 p.m., at Bloomington Meadows Hospital. A light lunch will be provided by Bloomington Meadows. After a brief business meeting, a panel of Bloomington Meadows staff members will address "Mental Health Concerns": Jean Scallon (CEO), Dr. David Gilliam (Medical Director), Joshua Paul (Business Development Director), and Marabeth Holland (Therapist) will discuss the impact of mental health on the Monroe County community.

Bloomington Meadows is located at 3600 N. Prow Road, just north of Bloomington North High School and about 1.5 miles north of the intersection of IN 37 and the IN 46 Bypass. It can be reached by going north from the Bypass on IN 37 to Acuff Road; turn right on Acuff and take the first right onto Prow. Or go north on Kinser Pike from the Bypass to Acuff Road, turn left on Acuff and take the second left onto Prow. In both cases, Bloomington Meadows will be on your left (i.e., on the east side of Prow). Please contact Bloomington Meadows Hospital at (812)-331-8000 with any questions.

# Save the Date!

## Quarterly Membership Meeting

June 18, 2014, 11:30 a.m.–1 p.m.  
St. Marks Methodist Church,  
100 State Road 46 (the Bypass), Bloomington

Brownbag lunch, with LCW providing lemonade, iced tea, and cookies. There will be a presentation on the G.O.A.L. (Get Onboard Active Living) program. Come and learn more about this free family-focused, community approach — involving multiple organizations in Monroe County — to decreasing childhood overweight/obesity and encouraging healthy lifestyles for children and their families through education and activity.

## End-of-Life Concerns

June 24, 2014, 7:30-9 p.m.  
Wegmiller Auditorium, IU Health Bloomington  
Hospital, 601 W. Second Street, Bloomington

This session will center on “How to Begin the Conversation?”

## BalloonFest

September 12–14, 2014  
Monroe County Fairgrounds

LCW will again have a booth at the Health & Safety Fun! Fair on September 13, from 10 a.m. to 2 p.m. Come to BalloonFest and stop by to see us!

## LCW Board Members

**Nancy Lumbley**  
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**Vanessa McClary**  
Vice-President  
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**Anita Douglas**  
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Nancy Boerner  
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## Annual Meeting

September 18, 2014, 11:30 a.m.–1:00 p.m.  
Meadows Hospital, 3600 N. Prow Road,  
Bloomington

A light luncheon will be provided by Meadows. Following a brief business meeting, a panel will discuss “Mental Health Concerns.” See article in this newsletter for details.

## End-of-Life Concerns

September 23, 2014, 7:30–9 p.m.  
Wegmiller Auditorium, IU Health Bloomington  
Hospital, 601 W. Second Street, Bloomington

The focus of this fourth session in the series will be on “Caretakers.”

## Finance Report, April 2014

### Checking Account

Beginning Balance (12/9/2014) –		\$ 6,914.67
	<b>Month</b>	<b>YTD</b>
+ Deposits		
Dues		\$ 1,220.00
Scholarships		\$ 615.00
		<u>\$ 1,835.00</u>
– Spending		
Spending Food (in Kind)		\$ (50.00)
Dues BCC	\$ (300.00)	\$ (300.00)
Postage		\$ (18.40)
Transfer to Savings	\$ (5.00)	
		<u>\$ (373.40)</u>
Total Spending		\$ (373.40)
Ending Balance (4/30/2014) –		\$ 8,376.27

### Savings Account

Beginning Balance (12/9/2013) –		\$ 1,120.63
Transfer from Checking	\$ 5.00	\$ 5.00
Interest Income	\$ 0.06	\$ 5.06
		<u>\$ 1,125.69</u>
Ending Balance (4/30/2014) –		\$ 1,125.69

### Vanguard Account

Beginning Balance (1/1/14) –		\$ 16,438.95
YTD Gain 2014	\$ 333.72	\$ 333.72
		<u>\$ 16,772.67</u>
Ending Balance (3/31/14) –		\$ 16,772.67

# *The Local Council of Women* **NEWSLETTER**

Summer 2014 Issue

## **Cecilia Wahl health care scholarship**

**Now accepting applications for the CECILIA WAHL health care scholarship.** Mail by August 31, 2014. See inside for full details! The LCW Scholarship Committee will present the Cecilia Wahl Scholarship at the LCW Annual Meeting, to be held this year on September 18.



P.O. Box 1149  
Bloomington, IN 47402

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